

Lewis Memorial United Methodist Church Blessing Box

Non-perishable food items only

- Canned or boxed items
- NO glass
- NO dried beans

Recommended items to donate:

- Meat – chicken, tuna, Vienna sausages
- Canned meals -- Spaghetti-Os, Chef Boyardee (e.g., beefaroni); beef stew
- Soup
- Rice
- Macaroni & cheese
- Pasta and pasta sauce
- Ramen noodles
- Breakfast items – cereal, oatmeal, grits, breakfast bars, Pop Tarts
- Fruit – applesauce, fruit cocktail, peaches
- Vegetables – green beans, corn, mixed vegetables, peas
- Crackers
- Granola bars